

Dhamma Phala - July 2022 Newsletter/Announcement



Top News

Dhamma Phala is happy to continue offering virtual group sittings every day and hopes to start offering courses soon with Old Student support. ***Courses are currently on hold until we can fix the termite damage to the facilities. Some buildings have been repaired, but there are still some buildings that are unsafe to occupy at this time.*** Any dana given will go to help fix up the facilities and resume courses. Learn more below in the Center Development Section of the newsletter.

Words of Inspirations by Goenkaji



Vipassana Discourse
VRIDHAMMA.ORG



If you live in an area where there are other Vipassana meditators, once a week meditate together for an hour. And once a year, a ten-day retreat is a must.

Daily practice will enable you to maintain what you have achieved here, but a retreat is essential in order to go deeper; there is still a long way to go.

S.N Goenka



Virtual Group Sitzings Schedule

Join us for the daily Virtual Group Sitzings:

Weekdays (Student-led): 8am, 8pm

Weekends: Saturday 9am (AT-led), Sunday 9am (AT-led) & 8pm

Join Zoom meeting:

<https://zoom.us/j/9940709389?pwd=cDh1VEk1dTlKZ0xTdFN1SFRuWU1aZz09>

Meeting ID: 994 070 9389

Password: Behappy20!

If you would like to host in-person group sittings at your place, please email:

info@phala.dhamma.org

If you have any questions about the technique and your practice, please email:

gandavipaphil@gmail.com

Center Development updates

As all of you may know, 10-day courses have not been offered in Dhamma Phala for the past two years. The last Assistant Teacher (AT)-led 10-day course was held in March 2020. Since then, the structures in the center have been degraded and dilapidated by termites. Old students who've attended the 1-day and 3-day self-courses can attest to this sorry state of the buildings. ***Deemed unsafe for use, the buildings (dormitories, dining halls, etc.) are now being repaired. The short-term goal is to renovate and re-purpose the structures so as to be able to open again and offer courses by August or September 2022.*** The cost estimate for the renovation is P800,000. Your contribution or dana will be directly used for this.



The old dining hall is being renovated to become the temporary Dhamma hall



The temporary female dining hall is being built



The walls in both the female and male dorms became infested with termites and need to be replaced

While repairs are ongoing and temporary structures are being put in place so as to resume courses before the end of the year, the long-term goal is to create a new masterplan and build more durable and long-lasting structures for the center.

Ways to give dana

Old students with the volition to *help Vipassana courses start again as soon as possible* in the Philippines can find the various ways to donate on our Dana page (password: behappy), or can use the following means:

* PayPal

You can donate online through your Paypal Account or Credit Card in one time or recurring payments schemes.



* Direct Bank Transfer – No Fees

You can donate directly from your BPI or BDO bank account by setting up a transfer using online banking, mobile banking or in a branch. This can be done as a one-off donation or set up as a regular donation (e.g. monthly). Online fund transfer and mobile fund transfers using BDO Online or BDO mobile app **are fee-free** and can be received in real time.

BDO (PESO ACCOUNT)

Name: Dhamma Phala Vipassana Philippines, Inc.

Acct No: 0086 5002 0866

Swift Code: BNORPHMM

BDO (DOLLAR ACCOUNT)

Name: Dhamma Phala Vipassana Philippines, Inc.

Acct No: 1086 5000 8696

Swift Code: BNORPHMM

BPI FAMILY SAVINGS

Name: Dhamma Phala Vipassana Philippines, Inc.

Acct No: 0068 6311 3871

With your continuous support, you are able to help others learn Vipassana.

Contact Us

Please feel free to contact us if you have any questions.

With Metta,

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